

Table 1: Demographic and clinical characteristics of the mothers.

Variables	n=50
Age (years)	29.10±4.20 (20-38)
Education Level	
Primary School	34.0 (68.0)
High School	11.0 (22.0)
University	5.0 (10.0)
Desired baby	43.0 (86.0)
Multiple Pregnancy	13.0 (26.0)
Duration of Gestation	31.00 (24-39)
Birth Weight	
700-1499 g	25.0 (50.0)
1500-2499 g	13.0 (26.0)
2500-3500 g	12.0 (24.0)
Type of Conception	
Spontaneous	42.0 (84.0)
Assisted Conception Technique	8.0 (16.0)
Type of Delivery	
Normal Spontaneous Vaginal	10.0 (20.0)
Cesarean Section	40.0 (80.0)
Length of Hospital Stay (day)	18.5 (2-161)
HAD subscale scores	
Anxiety	8.0 (0-17)
Depression	10.0 (1-17)
MSPSS subscale scores	
Family	21.50 (7-28)
Friend	19.50 (6-28)
Spouse	23.50 (5-28)
Total Score	62.00 (29-84)

Data are presented as mean ± standard deviation, number (%) or median (minimum-maximum), where appropriate. HAD: Hospital Anxiety and Depression, MSPSS: Multidimensional Scale of Perceived Social Support.