

Table 1. Characteristics of study groups at baseline. New-onset gastroesophageal reflux disease (GERD) group consisted of 82 patients (continuous: 42, on-demand: 40), while recurrent GERD group consisted of 36 patients (continuous: 17, on-demand: 19).

	New onset group n=82	Recurrent group n=36	p value
Mean age	59.6 ± 11.5	57.6 ± 11.4	n.s.
Gender M:F	53:29	22:14	n.s.
Continuous: On-demand	42:40	17:19	n.s.
BMI	23.3 ± 3.4	24.9 ± 3.7	<0.05
Smoking %	29.9%	33.3%	n.s.
Drinking %	44.4%	65.7%	<0.05
Hiatal hernia %	62.2%	61.1%	n.s.
LA classification			
Grade M	27	10	n.s.
Grade A	28	12	
Grade B	24	10	
Grade C	1	4	
Grade D	2	0	

Data shown are mean± standard deviation, BMI: body mass index, LA classification: Los Angeles classification, M: male, F: female, ns: non significant.