

Table 1: Demographic data of the 26 consecutive patients with AO type C distal humeral fracture treated in our institution with either the orthogonal plate technique (group A) or with the parallel plate technique (group B).

	Group A (orthogonal)	Group (parallel)	Total
Number of pts (men, women)	15 (8, 7)	11 (6, 5)	26 (14, 12)
Mean age (range)	53.5 (21-96)	56.5 (18-86)	54.8 (18-96)
Dominant limb injured	12/15	9/11	21/26
High energy trauma (fall, traffic accident)	9/15	6/11	15/26
AO classification of fractures			
C1 type	3	2	5
C2 type	5	4	9
C3 type	7	5	12
Grade I open fractures (Gustillo/Anderson class. ¹²)	1	2	3
Radial nerve injury	0	1	1